



MEMO

To: CLA Member Associations
From: Joanne Thomson, CLA Executive Director
Date: Monday June 15, 2015
Re: NEW CLA anti-doping education program

CLA Member Associations,

Due to changes in availability of the Canadian Centre for Ethics in Sport (CCES) online education course, the CLA Board of Directors approved a modification to policy 10.1.11 to enable the CLA to create its own online education program. This CLA program is based on the information, resources and content developed by the CCES and directs users to the CCES webpage for further information. The CLA program will educate and equip Canadian lacrosse athletes with knowledge and resources in anti-doping in order to preserve the core values of our sport.

As outlined in the CLA's Operations Manual, the education program **is required** for lacrosse athletes of a certain level.

[CLA Operations Manual - Section 10: Substance Abuse states:](#)

10.1.11. To ensure Canadian athletes receive education on anti-doping and are equipped with knowledge about the CCES anti-doping and testing procedures, all Senior A, Senior B, Junior A, Junior B players and Junior Women in Box lacrosse and all Senior and U19 Men's and Women's Field lacrosse players must complete the CLA online anti-doping education course, found on the CLA website, including submitting the electronic declaration form by August 1st of the playing year. The course need only be done once. Players who previously completed the CCES online course and who appear on the CLA confirmation list have complied with this policy.

10.1.11.1. Athletes must complete the course by 11:59pm EST on August 1st (or in advance of their respective National Championship if it falls prior to August 1st) of the playing year free of charge. Players who do not complete the course are not eligible to compete at a CLA National Championship. After the deadline an athlete can pay the \$50 administration fee (to be charged to the MA which the athlete competes for) to take the course in order to be eligible to compete at a CLA National Championship.

10.1.11.2. Athletes who take the course between August 2 and October 31 are subject to the \$50 administration fee.

10.1.11.3. Upon completion of the course, athletes must fill out and send the electronic declaration form through the CLA website to the CLA head office for record keeping. This will be used as their proof of completion in order to determine eligibility.

CLA's online Anti-Doping Education Program consists of eight (8) steps:

- Module 1: Overview
- Module 2: Your Requirements
- Module 3: Sample Collection Procedures
- Module 4: Athletes' Rights and Responsibilities During Testing
- Module 5: The Prohibited List and Banned Substances and Methods
- Module 6: Check your Medications
- Module 7: Medical Exemptions
- Athlete Acknowledgement Form: electronic declaration form

Athletes are responsible for reading the information in each module and upon completion of all 7 modules are required to fill out and submit the '*Athlete Acknowledgement Form*'.

The course is now available.

It can be found on the CLA Website at www.lacrosse.ca, under the 'Athlete' section; or directly from the following link: www.lacrosse.ca/view/cla/canadian-anti-doping-program-4/cla-education-program

In addition to posting this information on your website, please forward this memo to all of your leagues and teams.

The CLA reminds its members and athletes that the CLA endorses and [has adopted the Canadian Anti-Doping Program](#) (CADP) which means lacrosse is part of a world-class anti-doping program that is designed to protect athletes' rights and ensure a level playing field. The CLA's anti-doping policy reflects and supports the CADP in that no athlete, official, coach or volunteer shall take prohibited substances, nor should any team official or parent recommend or condone the use of prohibited substances. The CLA expects all members of the lacrosse community to abide by the CADP to preserve the integrity of sport. We believe that education opportunities such as this for Canadian lacrosse athletes are not only for the betterment of the sport but for their own athletic careers, as we all work cohesively to preserve the core values of our sport.

If you have any questions about the policy, the new CLA online education course or the CADP do not hesitate to contact me.

Sincerely,



Joanne Thomson
CLA Executive Director