



THE FUTURE OF LACROSSE



Adelaide University Lacrosse Club 1896

How to expand your organization

- 1/ School program
- 2/ On line registration
- 3/ Try Lacrosse
- 4/ 3 on 3 Lacrosse
- 5/ Peanut lacrosse
- 6/ Soft Lacrosse
- 7/ House League box
- 8/ Rep Lacrosse box
- 9/ Girls Lacrosse box
- 10/ Field Lacrosse Boys and Girls
- 11/ Executive
- 12/ Coaches
- 13/ Referees
- 14/ Volunteers
- 15/ Conclusion

School Program and Online registration

Reach out to your Board of Education .

Talk to your local schools

Contact the OLA for assistance

Have a web site with information and on line registration

Try and set up a registration at a arena , mall somewhere
where you front and centre to be visible

Have someone available to help

Reach out to new Canadians in your community

Take time to learn about the game and its history

Try Lacrosse and 3 on 3

Contact the OLA for signs and literature

Pick a location and time

Circulate information to your existing players to tell friends

Try and keep cost at \$0 if possible

Have volunteers available from your Bantam, Midget and Junior teams to help

Soft Lacrosse and Paper Weight

- Try and keep cost at \$0
- Make sure your Try lacrosse and 3 on 3 players know they can continue to play.
- Pick a time line on how many weeks they will play
- Let the people know the emphasis is on fundamentals
- Set goals where you want players to be at different stages of the program catching, throwing, scooping , running with the ball etc.
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House League and Rep Lacrosse

- What's the benefits of House League for the organization
- How can house league help the Rep system
- Training ground for Coaches and Referees
- Strengthening your executive
- Have a session with your parents on rules
- Decide on ages for HL and whether you will have contact or graduated contact
- Set your price structure as low as you for HL to encourage players to register
- Set start and finish dates for HL

Girls Lacrosse Box

- Give girls a sport that is for them
- Introduce to girls at a young age
- Allow girls to try a new sport
- Do a study of how many players have sister that would want to play

Field Lacrosse Girls and Boys

- Field Lacrosse helps boys and girls develop their skills
- Field Lacrosse gives them a chance to play on the world stage
- Field Lacrosse opens up doors to University scholarships Canadian and American

Executives

- With expanding your organization with House League and Field opens the door for new people to get involved.
- Allow young people to be groomed to take over when the old executive goes over the top
- Bring more variety to your board
- Have more people to do more jobs

Coaches and Referees

- Having Soft Lacrosse , Peanut, House league and field gives you a training ground for Coaches and Referees.
- It's all about a pecking order where these people will move on to higher levels
- Bring your Bantam, Midget and Junior players back to coach and referee.
- Run coaching and referee clinics.

Volunteers

- Volunteers are the most important part of your organization
- Tell Your players to give back to the game
- Ask parents about coaching experience
- High school kids can help for credits
- Some people need time for community service
- Reach out to retirees they are just begging for something to do instead of hanging around malls and Tims
- Do a survey at the beginning of year to see who can volunteer.

Conclusion

- Our job is to take care of the organization and help it grow as big as it can well under your watch.
- We have to make sure we bring new people on so they can be mentored to take over, when you are ready to move on
- Never refuse help
- Be proactive not reactive.
- Have a championship day, banquet, medals, trophies something to make the season and game memorable
- Remember the game is for the kids to have fun, when the kids have fun the adults will to.



Thank You

LETS CLIMB THE MOUNTAIN
AND OPEN THE DOOR TOGETHER .