dlintercarroll@gmail.com

Hard working, dedicated individual, who possesses exceptional time management and organizational skills. Proficient in word, excel and publisher. Committed to the community and volunteering within it. Friendly and energetic individual that loves being involved and supporting people where it is needed most.

LACROSSE EXPERIENCE

2012-2023 HOUSE LEAGUE COACH CLARINGTON MINOR LACROSSE
2018-2023 SOFT LACROSSE COACH CLARINGTON MINOR LACROSS
APRIL – JUNE 2018 CREATED & RAN ABILITY FREE 10 WKS SKILLS & DRILLS
2017-PRESENT TEAM MANAGER TEAMS INCLUDING U9, U11, U13, U15, U17, U22, OBK JM FIELD, CLARINGTON JR C SHAMROX

OCTOBER 2012 - 2014

VOLUNTEER DIRECTOR AT LARGE, CLARINGTON MINOR LACROSSE ASSOCATION

Assisted the Clarington Minor Lacrosse Association Volunteer Board of Directors with the day-to-day organization, implantation, and promotions of the 2012 and 2013 seasons. Assisting with the management of volunteers, fundraising committee volunteers and players, parents and coaches for the House League program.

OCTOBER 2014 - 2017

VOLUNTEER VICE PRESIDENT OF HOUSE LEAGUE, CLARINGTON MINOR

LACRSOSSE ASSOCIATION

Assisted with the day-to-day operations of the House League program, responsible for scheduling, creating competitive teams, overseeing the coaches, players and parent concerns as they arise. Responsible for the year end tournament. In 2016 and 2017 assisted with an interlock program which included Oshawa, Whitby and Clarington. Communicated openly with parents and guardians. Responsible for programming for children ages 2.5 to 21 years.

MARCH 2018, 2019

VOLUNTEER PRESENTOR FOR THE SAGM, ONTARIO LACRSOSSE ASSOCIATION

Presented to delegates who attended the Semi-Annual General Meeting on how to run a successful Houe League Interlock program and thinking outside the box of lacrosse, which was a brainstorming session for new volunteer board members.

OCTOBER 2017 - 2019

VOLUNTEER PRESIDENT, CLARINGTON MINOR LACRSOSSE ASSOCIATION

Assisted with the day-to-day operations of the organization. Attended meeting as required as a representative for the organization.

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OCTOBER 2017 - 2019

ZONE 6 SECERTARY, ONTARIO MINOR LACROSSE ASSOCIATION

Assisted with the day-to-day communication between eleven Minor organizations which included Clarington, Oshawa, Whitby, Peterborough, Northumberland, Kawartha Lakes, Uxbridge, Markham/Stouffville, Toronto Beaches, Toronto Stars, West Durham.

OCTOBER 2019 - PRESENT

VOLUNTEER OSHAWA BLUE KNIGHTS JUNIOR MEN'S FIELD LACROSSE, ONTARIO JUNIOR MEN'S FIELD LACROSSE

Assisted with the day-to-day operations for the Junior Men's Field Lacrosse team. Ensured that players received necessary information about schedules. Acted as the trainer, timekeeper and manager.

OCTOBER 2019 - PRESENT

VOLUNTEER CLARINGTON JUNIOR C. SHAMROX, ONTARIO JUNIOR C. LACROSSE LEAGUE

Assisted with the day-to-day operations for the Clarington Junior C. Shamrox team. Ensured that players received necessary information about schedules.

OCTOBER 2019 - 2020

ZONE 6 TRESURER, ONTARIO MINOR LACROSSE ASSOCIATION

Assisted with the day-to-day financial information between eleven Minor organizations which included Clarington, Oshawa, Whitby, Peterborough, Northumberland, Kawartha Lakes, Uxbridge, Markham/Stouffville, Toronto Beaches, Toronto Stars, West Durham.

OCTOBER 2019 - 2020

ZONE 6 DIRECTOR, ZONE 6 ONTARIO MINOR LACROSSE ASSOCIATION

Assisted with the day-to-day operations between eleven Minor organizations which included Clarington, Oshawa, Whitby, Peterborough, Northumberland, Kawartha Lakes, Uxbridge, Markham/Stouffville, Toronto Beaches, Toronto Stars, West Durham. Represented all eleven organizations at the Board of Governors meetings and minor council meetings with Ontario Lacrosse Association

OCTOBER 2020 - 2022

VOLUNTEER REGISTRAR, CLARINGTON MINOR LACRSOSSE ASSOCIATION

Assisted with the registration for each player, coach and volunteers for the Clarington Minor Lacrosse Association.

OCTOBER 2020 - 2023

VOLUNTEER TOURNAMENT DIRECTOR, CLARINGTON MINOR LACROSSE ASSOCIATION

Responsible for the organizing, implementation and execution of the historical Dan Greer tournament in Clarington.

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OCTOBER 2019 - PRESENT

VOLUNTEER PAST PRESIDENT, CLARINGTON MINOR LACRSOSSE ASSOCIATION

Assisted with the day-to-day operations of the organization. Volunteered to help where necessary.

ANNUALLY AUGUST 2022, 2023, 2024

VOLUNTEER FOR FESTIVAL, MINOR LACRSOSSE ASSOCIATION

Assisted with the day-to-day operations of the annual Lacrosse Festival in the Durham Region, note 2024 OLF Volunteer in Charge of scheduling all TimeKeepers and Arena volunteers

MARCH 2024 - PRESENT

VOLUNTEER REGISTRAR ONTARIO JUNIOR MEN'S FIELD LACROSSE, ONTARIO

JUNIOR MEN'S FIELD LACROSSE

Assisted with the registration and approval of each player, coach and volunteer for the Ontario Junior Men's Field Lacrosse League.

MARCH 2024 - PRESENT

VOLUNTEER HEAD COACH AND MANAGER FOR THE U22 TEAM, CLARINGTON

MINOR LACROSSE ASSOCIATION

Responsible for the development of players aged 16-21, scheduling practices and games.

WORK EXPERIENCE

SEPTEMBER 2023 - PRESENT

EVENT MANAGER, HEARTH PLACE CANCER SUPPORT CENTRE

Assisted with the organization, implantation, and promotions of all fundraising events. Assisting with the management of volunteers, fundraising committee volunteers and members. Helping with daily operations within the centre.

JUNE 2019 - 2023

CHILD CARE WORKER, YMCA GTA

Assisted with the day-to-day operations of the YMCA Child Care Centres. Communicated openly with parents and guardians about their child's daily activities and behavior. Children ranged in age 2 weeks to 12 years.

JUNE 2002 - 2017

OWNER AND OPERATOR, ZOO DOINGS HOME CHILD CARE SERVICES

Managed 24 hours a day, 7 days a week in-home daycare. During this time served 20 infants, 27 toddlers and preschoolers and 17 school-aged children. Communicated openly with parents and guardians about their child's daily activities and behavior. Managed 5 part time staff varying in ages from 16 to 45

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SEPTEMBER 2004 – JUNE 2007

NURSERY SCHOOL TEACHER, BOYS AND GIRLS CLUB OF DURHAM

Fostered reasoning and problem solving through active exploration games and activities. Taught an average of 80 children per school year. Assisted and supervised 32 children throughout the day. Developed and taught lessons on relevant children's books, poems, movies and themes to promote student interest.

MAY 1995 – AUGUST 2001 (SUMMER ONLY)

CAMP COUNSELLOR AND DIRECTOR, CAMP SAMAC

Facilitated programs for children and youth ages 6-16 during the summer camp program. Worked in both Residential and day camp programs. Taught survival skills to campers and counsellors. Supervised 20 staff and 180 campers during day camp. Supervised 15 staff and 100 campers during residential programs.

SEPTEMBER 1995 - AUGUST 2004

AFTERSCHOOL COORDINATOR, BOYS AND GIRLS CLUB OF DURHAM

Was responsible for the day-to-day activities and programs for the afterschool program at the central location for the Boys and Girls Club. Supervised 30 staff and over 300 children and youth each year. Developed programs based on the participants interests.

EDUCATION

1999

HIGH SCHOOL DIPLOMA, DR. F. J. DONEVAN C.I.

Recognized and awarded Citizenship Award each year Honors in grade 12

2001

EARLY CHILDHOOD EDUCATION, DURHAM COLLEGE

Excelled in field placement - made Deans List 2001

TRAINING & VOLUNTEERING

- Volunteer Board of Directors Rental Coordinator, Chair) Tyrone Community Centre 2015 present
- Coaching Certification for both Box and Field Community Development May 2024
- Food Handling Course 2023
- First Aid and CPR C 2024
- First Aid Instructor and Examiner 2024
- Accessibility Training September 2023
- WHIMIS Training September 2023
- CATCH (Coordinated Approach to Children's Health) Course
- Smart Serve 2023
- HCP (Health Care Provider) Airway Management 2024
- Sign Language 101 2002

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REFERENCES

Mary Sticca
VP Minor for Ontario Lacrosse Association

Holly Strong Secretary of the Clarington Minor Lacrosse

Michael Passfield Clarington Jr C. Shamrox President

Scott Matthews Clarington Jr C. Shamrox General Manager