



OLA Coaching Pathway

The Ontario Lacrosse Association's Coaching Pathway is designed in conjunction with the OLA Minimum Coaching Guidelines to illustrate the progression requirements for coaches. Questions regarding the Coaching Pathway can be directed to Bruce Codd by email (bruce@ontariolacrosse.com) or by telephone (416-426-7069).

Step 1: Community Development Coaching Certification

Required for:

- New coaches (regardless of their division)
- Box – Pee Wee and Below
- Field – U-13 and Below
- Women's Field – U-13 and Below

Requirements for Completion:

1. Attend a discipline-specific box (either box or field, or a combined box+field) Community Development certification clinic

Step 2: Competitive Introduction Coaching Certification (Training)

Required for:

- Box – Bantam and Above
- Field – U-15 and Above
- Women's Field – U-15 and Above

Requirements for Completion:

1. Attend a discipline-specific box (either box or field, or a combined box+field) Competitive Introduction certification clinic
2. Complete the Concussion Awareness Module*
3. Complete and submit the discipline-specific Coaching Workbook

Step 3: Competitive Introduction Coaching Certification (Certified)

Required for:

- All OLA coaches participating in a CLA National Championship

Requirements for Completion:

1. Complete the Ethical Decision-Making online module
2. Receive a successful practice evaluation (either in-person or submitted video) by a certified coaching supervision through the OLA or equivalent Member Association
3. Maintain certification by accumulating at least twenty (20) Professional Development Points every five years

* Trained Competitive Introduction coaches prior to 2014 are strongly encouraged to complete the Making Headway (Concussion Awareness Module) found under the Coaching tab on the OLA website.