

The Ontario Lacrosse Association Coaching Requirements is designed in conjunction with the OLA's Coaching Pathway to support the progression of development and certification for coaches. Questions regarding the Coaching Requirements can be directed to the OLA VP Coaching, Rick Phillips, by email at [vpcoaching@ontariolacrosse.com](mailto:vpcoaching@ontariolacrosse.com).

Box Divisions				
Coaching Status		Paperweight U9, U11, U13	U15, U17, U22	Junior – Major
	1 <sup>st</sup> Year Coach Must Have	Community Development	Community Development	Community Development
	2 <sup>nd</sup> Year Coach Must Have	Community Development	<b>Competitive Introduction</b>	<b>Competitive Introduction</b>
	<b>MR 2.12(a)</b>	Max Bench Staff: 4 Coaches + 1 Trainer	Max Bench Staff: 4 Coaches + 1 Trainer	Max Bench Staff: 5 Coaches + 1 Trainer

Minor & Men's Field Divisions				
Coaching Status		U9, U11, U13	U15, U17	Junior – Senior
	1 <sup>st</sup> Year Coach Must Have	Community Development	Community Development	Community Development
	2 <sup>nd</sup> Year Coach Must Have	Community Development	<b>Competitive Introduction</b>	<b>Competitive Introduction</b>

Women's Field Divisions				
Coaching Status		U9, U11, U13	U15, U17, U19	Junior Elite – Senior
	1 <sup>st</sup> Year Coach Must Have	Community Development	Community Development	Community Development
	2 <sup>nd</sup> Year Coach Must Have	Community Development	<b>Competitive Introduction</b>	<b>Competitive Introduction</b>

All OLA coaches attending a Lacrosse Canada (LC) National or World Lacrosse (WL) International Championship Event must be certified at the Competitive Introduction level in the sector they are participating in, as well as the Making Ethical Decisions online training module.