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## **OWBLL'S LONDON THRASHERS SEEKING APPLICATIONS FOR BENCH PERSONNEL**

LONDON, ON – January 9<sup>th</sup>, 2019 – The London Thrashers Lacrosse Club is currently accepting applications for bench personnel. The Thrashers compete in the Ontario Women's Box Lacrosse League (OWBLL) and are searching for positive and encouraging coaches and trainers who are interested in becoming a part of the non-playing bench staff for the 2019 season. All bench staff positions are volunteer opportunities.

Coaches are expected to facilitate practices during the season (typically once per week) and attend all games and tournaments. Additional conditioning sessions may be arranged with the approval of the team manager. Trainers are expected to attend all team functions. Both positions require appropriate training and credentials as outlined by the Ontario Lacrosse Association, as well as a full understanding of the fundamentals of the sport of lacrosse.

Interested candidates may apply individually or as a team no later than Wednesday, February 20<sup>th</sup>, 2019 by contacting Karie Wells ([kariewells@rogers.com](mailto:kariewells@rogers.com)). Please note that an interview process will be conducted following the application deadline. When emailing Karie, please provide:

1. A summary of your previous experience as a coach or trainer;
2. Your season plan or goals;
3. Any dates throughout the season that you may not be available (May through August).

The London Thrashers thank everyone for their interest, however only those candidates selected for an interview will be contacted.

### **About the Ontario Women's Box Lacrosse League:**

Since 2008, the Ontario Women's Box Lacrosse League (OWBLL) has been the administrative governing body of female box lacrosse for players aged 22 and older. The OWBLL is comprised of ten teams: the Akwesasne Warriors, the Arthur Aces, the Clarington Gaels, the Grand River Attack, the Hamilton Bengals, the London Thrashers, the Niagara Turtle Islanders, the Owen Sound Northstars, the Toronto Stars and the Whitby Rush. As a sanctioned league of the Ontario Lacrosse Association, the OWBLL seeks to improve, foster, perpetuate and govern the sport of lacrosse by providing an opportunity for athletes to continue to compete in the sport of lacrosse after the intermediate division.

For more information on the OWBLL, visit <http://site1516.goalline.ca/>