

- FOR IMMEDIATE RELEASE -

Z6 PREMIER LACROSSE IS EXCITED TO ANNOUNCE THE 2021 FALL PROGRAM

TORONTO, ON – August 24th, 2021 – Initiated by the Oshawa Blue Knights Minor Lacrosse Association and with support of the clubs in Zone 6, male and female players aged 3-16 are invited to register for the Z6 Premier Lacrosse Program. This project is an OLA-sanctioned ten-week fall and winter box lacrosse program that begins on October 4th and runs until December 17th. The primary goal of the Fall Session is to have fun, learn and upgrade skills, and keep sticks in the hands of players. The Z6 program will emphasize skill development and game knowledge through a combination of clinics, practices and games held throughout each week at Children's Arena (155 Arena Street, Oshawa, ON).

Two athlete-focused streams are offered to give everyone an opportunity to play. The **Development Stream** is geared towards younger and/or newer players. The **Rep Stream** is targeted towards elite or rep-oriented players. Spaces are limited in each stream.

Saturday Mornings, beginning October 9th:

U5 (Peanut) 9:00 – 10:00 AM

Active Start Program: *Simple drills and lacrosse-oriented fun games*

U7 (Paperweight) 10:00 – 11:00 AM

Practice to Play: *Skills, drills and mini-games*

U9 Division (FKA Tyke) 11:00 – 12:30 PM

FUNDamentals: *Applying learning to game scenarios (45-minute clinic, 45-minute games)*

Weekday Evenings, beginning October 4th: *(45-minute clinic, 45-minute games)*

U11 (FKA Novice) Development Stream: Wednesdays 6:00 – 7:30 PM

U13 (FKA Pee Wee) Development Stream: Thursdays 6:00 – 7:30 PM

U15 (FKA Bantam) Development Stream: Thursdays 7:30 – 9:00 PM

U17 (FKA Midget) Development Stream: Wednesdays 7:30 – 9:00 PM

U11 (FKA Novice) Rep Stream A: Mondays 5:00 – 6:30 PM

U11 (FKA Novice) Rep Stream B: Tuesdays 6:30 – 8:00 PM

U13 (FKA Pee Wee) Rep Stream A: Mondays 6:30 – 8:00 PM

U13 (FKA Pee Wee) Rep Stream B: Tuesdays 5:00 – 6:30 PM

U15 (FKA Bantam) Rep Stream: Tuesdays 8:00 – 9:30 PM

U17 (FKA Midget) Rep Stream: Mondays 8:00 – 9:30 PM

***times may be changed based COVID-19 rules, availability, etc.*

The program cost is only \$100 for our U5 (Peanut) and U7 (Paperweight) divisions, and only \$150 for all other divisions.

Z6 Premier Lacrosse is an off-season program created by the hometown clubs of Zone 6. **Our price is affordable because lacrosse *should* be affordable.** Our programs are honest; we want players to play lacrosse.

This is real box lacrosse, not lacrosse in a dome. Box lacrosse is the key to success for all other forms of lacrosse, including field lacrosse and Olympic Sixes. We know that 100% of all NCAA, NLL and PLL players who are from Ontario have passed through Ontario Lacrosse Association clubs.

[Click here to register for the Z6 Premier Lacrosse Program](#)